

FOR IMMEDIATE RELEASE

Dedicated women's futsal player named CTV Calgary's Athlete of the Week

Calgary, AB (April 2, 2010) – Stephanie Barker, the goalie for the Lightning Athletics women's futsal team, will be featured tonight in CTV Calgary's Athlete of the Week segment.

The 23-year old student-athlete, who is pursuing a degree in psychology, was nominated by teammate Camille Sehn.

"She's the most positive player on our team all the time," said Camille. "She's a good goalie and shows tremendous dedication."

Stephanie demonstrated leadership and perseverance in every match regardless of the futsal team's fourth place finish at the ACAL Provincials. Despite a thumb injury she sustained after the very first game, she was committed to being there for her team.



"I feel honoured that Camille nominated me in the first place," she said. "Joining the futsal team was Camille's idea and I am very glad I did. It has expanded my social circle and made me feel like a part of the St. Mary's community. Being featured in this segment has made me want to continue playing sports and I look forward to the team next year! Hopefully we can bring a medal back next time!"

"Stephanie embodies what it is to be a varsity athlete," said Anita Toogood, Director of Athletics. "She demonstrates commitment and dedication to her team and leads by example both on and off the futsal field. These qualities are what Lightning Athletics attempts to instill in student-athletes to produce strong, well-rounded leaders who engage their mind, body and spirit. We're proud of Stephanie's accomplishment and great season!"

About St. Mary's University College

St. Mary's University College is a Catholic post-secondary, liberal arts and sciences teaching and research institution open to all faiths and traditions. St. Mary's offers Bachelor of Arts degrees, a Bachelor of Education (Elementary) degree and university courses in 33 academic disciplines. For more information, visit www.stmu.ab.ca

About Lightning Athletics

Lightning Athletics strives to contribute to the overall synergy of the St. Mary's University College community by bringing students, faculty and staff together in activities that encourage the pursuit of excellence, promote healthy lifestyles, and foster growth in leadership and teamwork through competitive and recreational physical activity. The Lightning Athletics program offers men's and women's basketball, men's and women's volleyball and men's and women's futsal (indoor soccer).

-30-

For media inquiries, contact:

Marcelina Johanson
Communications Coordinator
St. Mary's University College
(403) 254-3705
marcelina.johanson@stmu.ab.ca

Anita Toogood
Director of Athletics
St. Mary's University College
(403) 254-3728
anita.toogood@stmu.ab.ca